



## **Sixth IPU Global Conference of Young Parliamentarians**

## Achieving the SDGs and empowering youth through well-being

9 and 10 September 2019 Asunción, Paraguay

## **Provisional programme**

Sunday, 8 September			
14:00–18:00	Registration of delegates		
Monday, 9 September			
07:30–18:00	Registration of delegates		
09:00–10:00	Opening session Opening remarks by		
	<ul> <li>Mr. Blas Llano, President of the Congress of Paraguay</li> <li>Ms. Gabriela Cuevas Barron, IPU President</li> <li>Mr. Melvin Bouva, President of the Board of the IPU Forum of Young MPs</li> </ul>		
10:00–10:15	Group photo		
10:15–10:30	Coffee break		
10:30–11:30	Session 1 – Well-being and happiness as core elements of the Sustainable Development Goals  Panel discussion  With 11 years remaining to achieve the SDGs, the focus is on entry points that will accelerate action to meet the objectives set. This panel discussion will allow participants to gain a better understanding of the pursuit of well-being and happiness as a fundamental human goal and its link with the SDGs. How can a more inclusive, equitable and balanced		
	approach to economic growth promote sustainable development, gender equality, poverty eradication, happiness and well-being of all peoples, in particular youth? How can young MPs tackle irrational patterns of production and consumption that impede sustainable development? What can young MPs do to accelerate the achievement of the SDGs? Would placing well-being at the heart of all efforts provide the answer?  Presentations by panellists will be followed by a debate.		

11:30–13:00	Session 2 – Policy-making for well-being and happiness and their effect on youth empowerment: Case studies
	Panel discussions
	Two panel discussions will focus on case studies on well-being policies, legislation, mechanisms and measures, their impact on youth empowerment and the role that young MPs can play in designing and implementing them. The first panel will focus on national initiatives and the second on local action. Concrete examples from different regions will be presented, analysed and discussed to identify good practices. How can young MPs lead the way on adopting public policies and legislation that focus on people's well-being? How can well-being public policies and legislation effectively help young men and women realize their human potential and better contribute to youth empowerment? Delegations are encouraged to come prepared with examples of good practices from their countries to share with their colleagues.
	Panel I: Learning more about national initiatives
	Presentations by panellists will be followed by a debate and an exchange of good practices.
13:00–14:30	Lunch (Main Hall, National Congress Building)
14:30–16:00	Cont. Session 2 – Policy-making for well-being and happiness and their effect on youth empowerment: Case studies
	Panel II: Acting for well-being at the local level
	Presentations by panellists will be followed by a debate and an exchange of good practices.
16:00–16:30	Coffee break
16:30–18:00	Session 3 – Measuring well-being and happiness and exercising oversight of policy implementation
	Panel discussion
	This panel discussion will allow participants to learn more about different approaches and examples of efforts to measure happiness and well-being worldwide. It will also focus on how young MPs can better hold governments to account for their commitments to improving people's lives. What laws or policies can young MPs champion to ensure the full accomplishment of the vision of "leaving no one behind"? What can young MPs do to effectively exercise their parliamentary oversight role in relation to well-being policies?
	Presentations by panellists will be followed by a debate.
18:30	Transfer to the "Agustín Pio Barrios Casa Bicentenario de la Música"
19:00	Welcome reception offered by the National Congress of Paraguay (at the "Agustín Pio Barrios Casa Bicentenario de la Música")

Tuesday, 10 September		
07:30–18:00	Registration of delegates, continued (Main Hall, National Congress Building)	
09:00-10:30	Mentorship Café Young MPs will explore possibilities to carry out peer-to-peer mentorship, share lessons learned from mentorship experiences and draw relevant recommendations to inform the crafting of mentorship programmes for young MPs.	
10:30–11:00	Coffee break	
11:00–13:00	Training Hub	
	Breakout session	
	The Training Hub will provide young MPs with a unique opportunity to build and exercise their leadership and communication skills. To facilitate interaction and personalized activities, the Training Hub will be organized in four groups (by language: English, French, Spanish and Arabic), which will work in two separate sessions.	
	Session I: Taking a deeper dive into your leadership "essence"	
	With the support of a professional trainer, each group will focus on building and exercising, among others, the following key skills:	
	<ul> <li>Looking at the various types of leadership approaches and styles</li> <li>Identifying one's strengths and weaknesses as a decision-maker</li> <li>How to become a more successful leader, make better decisions and manage conflicts?</li> <li>Developing cross-cultural intelligence and creating healthy, inclusive and productive environments.</li> </ul>	
13:00–14:30	Lunch (Main Hall, National Congress Building)	
14:30–16:30	Training Hub	
	Session II: Becoming a passionate and effective communicator	
	With the support of a professional trainer, each group will respond, among others, to the following questions:	
	<ul> <li>How to communicate effectively? With what means (media, social media)? When and for what?</li> <li>How to speak in public? How to liaise with the media?</li> </ul>	
	<ul> <li>How to speak in public? How to liaise with the media?</li> <li>How to address sensitive issues and bridge gaps, build consensus and work for the good of all?</li> <li>How to develop the ability to persuade key stakeholders?</li> </ul>	
16:30–16:45	Coffee break	
16:45–17:15	Presentations of group discussions in plenary	

	A rapporteur from each group will report on their group's discussion and main takeaways to the plenary.
17:15–18:00	Closing session
	Presentation and adoption of the Outcome Document